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Chanel No.19, with its number representing Coco Chanel's birthday (19 August), is a classic floral fragrance which Chanel herself loved – along with the fact that people always asked her what it was when she wore it. The eau de parfum is priced at £39 for 35ml at Cavendish House: 0870 160 7233 / [houseoffraser.co.uk](http://houseoffraser.co.uk). Or if you would prefer a signature scent created just for you, Essentially Me specialises in bespoke blends containing only natural ingredients (rather than the synthetics used in most perfumes). As a 'taster' – or perfect as a gift – there are 10 eau de parfum samples available. A choice of five is priced at £10 plus P&P. For details, visit [essentially-me.co.uk](http://essentially-me.co.uk)

## Editor's Choice

*It's the season to sparkle. Our selections of make-up and perfumes will see you through the parties, then treat your skin to a fabulous facial*

# 'THE SQUARE.'

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Farlows ■ Uggs ■ Lochcarron Cashmere  
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We all reach an age at which our skin, particularly facial skin, can benefit from some professional help! MBNS Clinic in Thame specialises in medical aesthetic treatments and should be a first port of call if you are looking for advice on the latest in skin rejuvenation options. For example, it is the only clinic in Oxfordshire to offer the innovative 'Fire and Ice' light peel facial and associated iS Clinical products.

This range was originally developed by pharmacologists and physicians for hospital patients undergoing chemotherapy, to help restore healthy-looking skin. Such was their success that they are now also available as aesthetic medical treatments. The Fire and Ice facial is designed to rapidly and safely resurface your skin – which means that it isn't a purely 'relaxing' and therapeutic facial – but we can vouch for its excellent results. It is recommended that the treatment is performed weekly to start with, and then repeated once a month to maintain a clear complexion.

The Fire and Ice masques need to be applied by trained nurse practitioners, but other products in the iS Clinical range are designed for salon or home use. For more details, or to book an initial consultation at MBNS Clinic, call 01844 213007 or visit [mbnsclinic.co.uk](http://mbnsclinic.co.uk)

With Bobbi Brown's new Customised Palette, you can swap in different shades of eye shadow or blusher whenever you feel like a change. There are three size options, priced from £10. Bobbi Brown: 0870 034 2989 / [bobbibrown.co.uk](http://bobbibrown.co.uk)

