

Down with the frown

*How a solution to his frown-lines
put a smile on Mark Morgan's face.*

Thirty-one-year-old Mark Morgan is a professional who enjoys life to the full. He takes part in a whole range of sports including squash, football and golf. But spending so much time outdoors – the sun and the wind are no beauticians – affected Mark's skin.

He noticed that he had developed a quite pronounced forehead frown, and small wrinkles had appeared.



After his colleagues at work started making comments about his permanent frown lines, Mark was left wondering what could be done to solve the problem. Fortunately, a female colleague, who had already had treatments at the MBNS clinic in Thame, was on hand to offer him some helpful advice.

“We were chatting in the lunch room at work and a couple of the girls were hunched over some glossy magazines,” remembered Mark. “The subject of frown line treatments came up, and the girls were discussing the treatment. One of them, Lucy, a woman in her late 20s, said that she had started having frown line injections as a precautionary measure to prevent the lines from appearing. She also had a dermal filler in her nose-to-mouth lines as she felt that the lines needed softening. I was floored that they were talking so openly about the problem. Then they looked straight at me and said: ‘Mark, you should go and have some treatment – you might not look so angry all the time!’”

“It was a jokey comment, but it really played on my mind. Lucy had mentioned MBNS, so I decided to take the bull by the horns and phoned to find out more. I was greeted by a fully professional team who knew exactly what they were talking about. MBNS have over 15 years’ experience in the field of aesthetic nursing, so I felt very relaxed about booking a consultation with them. Luckily, they had evening appointments, so I didn’t have to leave work early.

“I had a consultation with aesthetic nurse specialist Paula Shurrock who suggested various forms of treatment that would be right for me. I was shocked by the comments my colleagues had made about my harsh frown and the lines that area produced, so Paula injected a dermal filler into these creases and a full Botox treatment in my forehead, crows feet and between the brow. The frown-relaxing injections took place after a prescription was written by the practice nurse prescriber, Marea Brennan Thorns.

“What a difference it made. My lines were instantly softened, while the treatment itself only took a couple of weeks to take full effect. Frown-relaxing injections usually need between 2 and fourteen days to produce the maximum results.

“Over the past few weeks the comments have been amazing. People are not really sure when they look at me what exactly is different. I get remarks such as ‘you look great’, ‘have you been away?’ and ‘you seem so relaxed’

“So now I’m the one who’s telling colleagues at work all about the treatment. And guess what? Both my male and female friends are considering the treatment.”



1.



2.



3.



4.

- Right, Mark:
1. Before dermal filler treatment
 2. After dermal filler treatment
 3. Before frown relaxer treatment
 4. After frown relaxer treatment