

The new face of dance music

"There's no doubt that 25 years to become an 'overnight success' in the music industry has taken its toll on how well or youthful I look", says singer songwriter, **Julie Dennis**, who, despite being the same age as Madonna, is being heralded as a new artist on the Pop/Dance Scene in clubs and on radio across America and now in Europe and Britain. Julie has signed a record deal with Yoshitoshi Records in Washington with her song 'Sugar'. Radio 1 is already playing the single, and it is selling like hot cakes on i-tunes and in the shops.

Julie is a single mother who lives in Adderbury near Banbury. Julie works from home, writing and producing in her digital recording studio and sending her songs across the globe via the Internet to producers she has never met. Known more in Oxfordshire for her jazz singing, Julie has worked with many prominent artists from George Michael and the Rolling Stones to Stan Tracey and Courtney Pine, and up until recently has enjoyed the anonymity that a sleepy Oxfordshire village affords.

The entertainment industry is incredibly youth-oriented and highly competitive according to Julie, and the pressure to look good is especially intense for women. "I realised that tiredness and the stress of my work, had made me look tired and lined," says Julie. "When requests for photographs and promotional interviews came in I knew that I had to do something fast."



When singer **Julie Dennis** found herself with a dance hit on her hands, she decided to look the part of a pop star too.

Sarah Gilbert reports.



Without wishing to resort to a facelift, Julie decided to do what was necessary to look as young and vibrant as her voice sounded. She went for a consultation with Stephanie Green whom she knew as an aesthetic nurse specialist based at MBNS Clinic in Thame, Oxfordshire. Stephanie recommended a dermal filler for Julie. This is a natural, non-surgical treatment that provides a highly effective, natural beauty lift. The process involved injecting tiny amounts of filler – in this case Restylane. Restylane is derived from stabilized, non-animal hyaluronic acid which is a substance that occurs naturally in the skin and plays a vital role in the skin's hydration system.

The specialist nurses at MBNS recommend a variety of dermal fillers such as Evolence (collagen based), Radiesse and Restylane, depending on the area being treated. Every client is an individual, and catering for their needs with the correct advice and dermal filler is paramount to MBNS. In Julie's case, Restylane Perlane added volume and definition to the cheeks and Restylane Lipp gave her well-shaped lips a fuller look. Restylane was also used to soften the ageing nose to mouth lines, while Restylane Touch was injected into the lower jaw, providing additional support, smoothing away ageing lines and plumping the skin. Finally, Julie underwent a series of three Restylane VITAL treatments to her hands. This can diminish prominent veins and give the hands a more hydrated look.

Julie says she is delighted with the results: "I feel my face has been refreshed and I can see the youthful me in the mirror again. I'm pleased that I took the plunge; women of my age deserve to look the best they can if they want to."

Julie added: "It restores self confidence that is often lost with the ageing process and a life of hard work. We deserve to get some of that back if we can and we should feel that we all have a right to have this treatment without being accused of vanity or of feeling guilty. I feel I look natural and look more how I feel inside. I am proud of what I have done at MBNS and confident in their practitioners. It looks great and I am happy to recommend the experience to my friends. In fact, I already have!"

Dermal fillers are just one of the many aesthetic services offered at MBNS Clinic in Thame. To find out even more about what MBNS can do for you, simply visit their website at www.mbnsclinic.co.uk or call them to book a consultation on 01844 213007.



Left: Julie before treatment and right, Julie after treatment